

JANUARY 2019

HIGH SCHOOL

Monday

Cold items offered daily: Assorted fruit & 100% juices, chef salads, side salads & fresh vegetables,

Variety of sandwiches- turkey, turkey & cheese, ham, ham & cheese, and peanut butter & Jelly.

These items are served daily:
 Pizza, Spicy/ Chicken Sandwich,
 Cheese/ Hamburgers,
 Buffalo/ Chicken Smackers
 Cheese fries or Nachos w/
 Chili, pork, or chicken

Chicken Strips **14**
 Country Fried Steak/ Gravy
 Au Gratin Potatoes
 Green Bean
 Roll

**NO
SCHOOL**

Chicken and Waffle **28**
 Hot Dog
 Chili w/Cheese Toast
 Tater Tots
 Broccoli

Tuesday

Chicken Fajita **8**
 Beefy Cheesy Nachos
 Refried Beans
 Corn
 Spanish Rice

Frito Taco Salad **15**
 Chicken Quesadilla
 Spanish Rice
 Corn Salsa
 Refried Beans

Beef & Bean Burrito **22**
 BBQ Nachos
 Spanish Rice
 Refried Beans
 Corn

Walk-in Taco **29**
 BBQ Burrito
 Cheesy Beans
 Fiesta Corn
 Spanish Rice

Wednesday

Meatball Sub **9**
 Chicken Smackers
 Green Beans
 Broccoli & Cheese
 Roll

BBQ Sandwich **16**
 Mini Corn Dogs
 Baked Potato
 Broccoli & Cheese

Chicken Nuggets **23**
 Hot Ham & Cheese Croissant
 Baked Beans
 California Blend
 Roll

Meatloaf **30**
 Chicken Nuggets
 Creamed Potatoes
 Green Peas
 Mac & Cheese
 Roll

Thursday

Stir fry Chicken **10**
 Hot Ham & Cheese Croissant
 Stir Fry Veggies
 Green Pea
 Asian Rice

Spaghetti **17**
 Chicken Parmesan
 Italian Green Beans
 Steamed Baby Carrots
 Breadstick

Pork Chop **24**
 Beef Dippers
 Creamed Potatoes
 Green Beans
 Roll

Chicken & Noodle **31**
 Mini Corn Dog
 Carrots
 Winter Blend
 Biscuit

Friday

Big Daddy's Pizza **11**
 Sloppy Joe
 Tater Tots
 Roasted Veggies
 Pudding

Big Daddy's Pizza **18**
 Fish & Hushpuppies
 Roasted Potatoes
 White Beans
 Cookie

Stuff Crust Pizza **25**
 BBQ Chicken Sandwich
 Roasted Corn on the Cob
 Roasted Sweet Potato
 Pudding

WINTER BREAK

School Reimbursable Meal Pattern

ALL reimbursable meals MUST have a fruit or vegetable on the tray. Students may decline 2 of the 5 components- Meat, Grain, Fruit, vegetable, and Milk but cannot decline both fruit and vegetable.

Meal Prices 9-12 \$2.75, Adult \$3.50

School Nutrition department- (931)388-8403

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